

Train the Trainer Express

A one day fast-track course for trainers who are new to the world of training and facilitation

Train the Trainer Express has been created due to popular demand to meet the needs of those who are entering the world of training and facilitation.

Developed from our highly successful Train the Trainer programme, Train the Trainer Express is an intensive course delivered over a single day; exploring areas such as learning styles, training resources, delivery styles, evaluation and dealing with challenging behaviour. It consists of five trainer-led sessions.

As most trainers will tell you, entering a training room for the first time can be a daunting and nerve-racking experience, and this course aims to make that experience as easy as possible, introducing you to the basics of training and helping you to quickly become an effective and confident trainer.

AIMS

At the end of the course you will be able to:

- Recognise the different learning styles
- Plan and design training to gain commitment and enthusiasm
- Run a training session and supervise training
- Check that your training is effective and that learning has occurred

CONTENT

The sessions are as follows:

- Session 1 How We Learn
- Session 2 Delivering Training
- Session 3 Running a Training Session
- Session 4 Ending a Training Session and Evaluating
- Session 5 Planning a Training Session

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